

Virginia School for Nurse Aides and Health Education
3310 West Clay Street Suite 100
Richmond, VA 23230

Course Syllabus

Day

Lecture Monday-Friday 0900-1430; Monday-Friday **Clinical 0645-1530**

Night

Monday-Friday – 1645-2200 Lecture, Skills, and Clinical

Course Material:

Curriculum- Virginia Board of Nursing

Hartman's Nursing Assistant Care-Long Term Care Textbook.

**Tip on how to use this syllabus-During the lecture portion of this course, the instructor will use the objectives from the curriculum. Below you will find the chapters for the textbook that matches the information from the curriculum. Chapter means from the textbook and Unit means from the curriculum. Once you graduate, use this syllabus in correlation with the curriculum as a guide for studying for your state board exam.*

Week 1

Orientation and Course Overview

Chapter 1 -Understanding Healthcare Settings &Chapter 2-The NA & Care Team

Curriculum –Unit 1- The NA in Long Term Care_pages 2-6

Chapter 3-Legal and Ethical Issues

Unit 14-Legal & Regulatory Aspects of Practice for the CNA pages 178-184

Unit 6 -Client Rights- pages36-45

Chapter 4-Communication and Cultural Diversity

Unit 2-Communication and Interpersonal Skills pages 8-13

Chapter 5-Preventing Infection

Unit 3-Infection Control pages 14-19

SNEEZE GAME

Chapter 7-Emergency Care and Disaster Preparation

Unit 5-Emergency Measures pages 30-35

Chapter 6-Safety and Body Mechanics

April 2019

Unit 4-Safety Measure pages 20-29

Chapter 10-Positioning, Transfers and Ambulation

Unit 8-Personal Care Skills pages 113-117

Unit 11-Basic Restorative Services page 155-156

Chapter 8-Human Needs and Human Development

Unit 9-Individual Needs, including Mental Health & Social Services pages 118-119

Chapter 15-Nutrition and Hydration

Unit 7-Basic Skills pages 64-66

Unit 8- Personal Care Skills pages 99-106

Week 2

Chapter 9&18-The Healthy Human Body and Common Chronic and Acute Conditions

The Reproductive System

Unit 7- Basic Skills, pg 51

The Integumentary System

Unit 7-Basic Skills pg 48

Unit 8- Personal Care Skills g 106-111

The Nervous System

Unit 7-Basic Skills pg 49-50

Unit 10 -Special Needs Clients, pg 130-145

The Circulatory System

Unit 7-Basic Skills pg 49

Unit 12-Care of the Client when Death is Imminent pages 165-169

The Respiratory System

Unit 7- Basic Skills pg 48-49

Unit 12- Care of the Client when Death is Imminent pages 161-165

The Endocrine System

Unit 7- Basic Skills page 51

Unit 10 -Special Needs Clients pages 145-148

The Musculoskeletal System

Unit 7- Basic Skills pg 48

Unit 8-Personal Care Skills pages 111-113

Week 2

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Chapter 16-The Urinary Elimination

Unit 7-Basic Skills page 50-51, and 65-66
Unit 8 -Personal Care Skills pages 86-94
Unit 11 Basic Restorative Services page 159(bladder retraining)

Chapter 17-Bowel Elimination

Unit 7 -Basic Skills page 51
Unit 8 -Personal Care Skills pages 86-94
Unit 11 -Basic Restorative Services pg 159(bowel retraining)

Week 3

Chapter 13-Personal Care Skills

Unit 8 -Personal Care Skills pages 67-117

Chapter 14-Basic Skills

Unit 7 -Basic Nursing Skills pages 58-64

Chapter 21-Rehabilitation and Restorative Care

Unit 11-Basic Restorative Services pg 150-159

Chapter 19- Confusion, Demtia, & Alzheimers Disease & Chapter 20 Mental Health & Mental Illness

Unit 9- Individual Needs, including Mental Health & Social Services pages 126-135
Unit 10-Special Needs Clients pg139-145

Chapter 23-Dying, Death, and Hospice

Unit 12-Care of the Client when Death is Imminent pages 172-174
ALZHEIMER'S PROJECT VIDEO